

Skyla Intrauterine Contraceptive

What is Skyla?

Skyla is an intrauterine contraceptive placed in the uterus to prevent pregnancy for up to 3 years. It is a small T-shaped piece of soft, flexible polyethylene that is put in place by your healthcare provider during an office visit.

Does Skyla contain hormones?

Yes, it contains Levonorgestrel which is a Progestin-type hormone similar to what is produced by the ovaries and found in some birth control pills. It does not contain estrogen.

How does Skyla work?

Skyla is believed to work similarly to other methods of birth control. It thickens the cervical mucus preventing passage of sperm into the uterus, it inhibits the survival of sperm and alters the lining of the endometrium so fertilization does not occur.

How effective is the Skyla IUC?

It is one of the most effective forms of birth control available. It is considered to be 99% effective.

Does Skyla prevent STDs?

Skyla does not protect against HIV or STDs.

Can Skyla be removed early?

Yes, it can be removed at any time before the 3-year period if you want to try to get pregnant, or for any other reason. You may become pregnant as soon as Skyla is removed or you may change to another type of birth control when you have it removed.

Will my periods be normal with Skyla?

For the first 3-6 months, periods may be irregular and the number of bleeding days may increase. Frequent spotting may occur. This should lessen as your body adjusts to Skyla. Periods may stop altogether.

Who is Skyla right for?

Women who:

- Have never had children
- Want birth control they don't have to think about every day
- Want birth control without estrogen

Who should not use Skyla?

Women who:

- Are pregnant
- Have had a pelvic inflammatory infection (PID)
- Get pelvic infections frequently or easily
- Have persistent pelvic or stomach pain
- Have breast or uterine cancers
- Have liver disease or liver tumor
- Have hypersensitivity to any component of this product.

Is Skyla covered by insurance?

Because Skyla is approved by the FDA for use as a contraceptive, it is covered by most insurance plans.

Is Skyla available at SHC?

No, but there are multiple local GYN offices that place the IUC.

How can I learn more about Skyla?

Go to <http://www.skyla-us.com/index.php> to learn more about this long acting reversible contraceptive.